

# Possible Mentee Introductory Meeting Prompts

## **Expectations about mentoring**

- Why have they signed up for mentoring / what do you hope to get out of it?
- What interested you about having a mentor?
- What do you hope to learn?

## **Practicalities**

- When and where will we meet and for how long?
- How long do we expect the mentoring to last, or do we agree on 'as and when needed'?

## **Getting to Know Them**

- What led you to your current career path / situation?
- Tell me about school/college/university
- What do you love about what you currently do? What do you like less?
- What do you think you are great at?
- Do you have any role models you look up to or people you admire?
- What do you love to do outside of work? What inspires you?
- What are you most grateful for?

## **Goals**

- What is it that you really want to be and do?
- Are you clear on your short-term goals?
- Any thoughts on long-term goals?
- What areas of your life do you want to grow in?
- What skills do you want to develop?

## **Next Steps**

- What are you doing really well that is helping you get there?
- What's a challenge you're currently facing?
- What might be getting in the way?
- What ideas have you got about overcoming challenges?
- How can I help / where do you need the most help?